

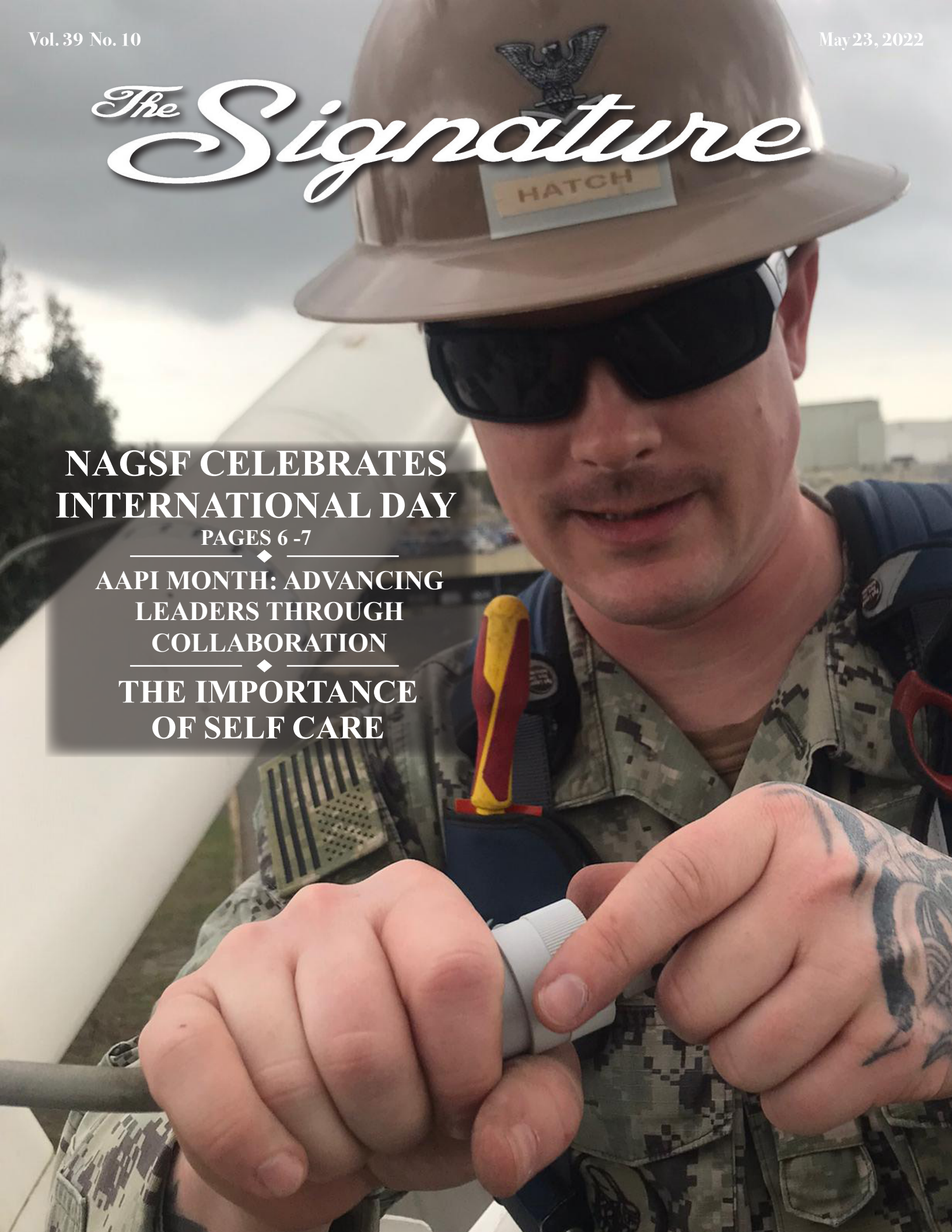
The Signature

**NAGSF CELEBRATES
INTERNATIONAL DAY**

PAGES 6 -7

◆
**AAPI MONTH: ADVANCING
LEADERS THROUGH
COLLABORATION**

◆
**THE IMPORTANCE
OF SELF CARE**



Direct Line

Cmdr. Jason Christensen, NAS Sigonella Public Works Officer

Anyone stationed at NAS Sigonella between August and October 2021 knows first-hand what a dynamic time it was for the installation. Operation Allies Refuge was a back-breaking two month effort to receive, process, track, shelter, sustain and send off over four thousand evacuees from Afghanistan, and in October, we sighed with relief as the last plane took off from the airfield. The frantic pace began to transition back to something slightly more sustainable when the rain began to fall.

The rainy days preceding the October flood were full of action for Public Works Department Sigonella. On the night of Sunday, October 24, high voltage technicians immediately began work to restore power to NAS II, and Seabees braved flooded roads to pump out thousands of gallons of water that had flooded the Marinai water treatment plant. That next Monday, teams of Seabees and local nationals worked tirelessly to bring the NAS II waste water treatment plant back online and conduct damage assessments of buildings throughout the installation while simultaneously preparing for predictions of much more rain. Pizzarotti, our contractor managing Marinai housing, had drained all standing water by Monday at 1 p.m., had power restored within 36-hours, and had begun repair work on flood-damaged units. Within 45 days, every resident who wanted to remain in Marinai housing was back in a permanent residence.

What most people don't know is that on that Monday after the floods, the main line bringing water from our wells to the NAS II treatment plant had developed a very severe leak – apparently caused by saturated and shifting soils. The leak was large enough that water wasn't arriving at our water treatment plant, leaving the entirety of NAS II with a limited supply of water.

Our contracting team immediately developed a task order directing the base operating support contractor to repair the line and to avoid any chance of failure, and our utilities distribution team sprang into action. Utilitiesman 2nd Class Dentremont pulled out installation schematics and identified an old bypass valve that had been abandoned in place and paved over years ago. While the rains continued and the streets of Catania turned into rivers, Utilitiesman 2nd Class Dentremont led Utilitiesman Constructionman Heldreth, Constructionman Reiter and Constructionman Hobusch in the excavation of a valve that they hoped still existed. After tirelessly digging through four feet of concrete and clay, they found the valve, gained access to a bypass line and

restored the flow of water to the water treatment plant.

While we continue to be as responsive as possible to the very visible (and sometimes less visible) emergencies, PWD Sigonella continues to lean forward to solve long-standing issues. One of our focuses over the last year has been to improve our high voltage distribution system reliability.

Through a contractor, we have conducted a technical assessment of every substation, switching station, transformer and cable on NAS II. We've awarded over \$440 thousand in contracts to correct known issues and have modified electrical settings and even hired additional high voltage technicians. Now we're starting to see the results: over the last two years, the frequency of NAS II outages has dropped by 72%.

Last year we awarded contracts to repair five of our airfield light towers and repair cooling systems to critical facilities; we closed over 62 sanitary survey findings; we led efforts to complete a one-of-a-kind lease modification in exchange for \$21 million in quality of life and energy improvements for NASSIG residents living in Marinai; and we awarded a \$430 thousand storm water study in an effort to identify long term solutions to combat regular flooding at NAS II. This last month a dedicated team, working hand in hand with the Base Operating Support Contractor, restored the installation fire water line to operation after a year and a half of effort. Finally, within the next few weeks we'll award \$1.5M in contracts that will repair damages from the October floods including badly needed repairs to the NAS II gym.

We learned many lessons over the last year, one of which is the critical importance of the missions this installation supports. Our outstanding Seabees, Italians, and American civil servants are 100% committed to enabling those missions, and we are committed to supporting and serving you. And so, for National Public Works Week, I'd ask you to take a minute and thank one of our many unsung heroes.



Sigonella Soccer Player Signs Intent Letter

Capping off a stellar season, the Sigonella Middle/High School boys' soccer team won the 2022 European Boys' Soccer Championships in Germany. Jeremy Reardon, a senior at SMHS, was awarded tournament MVP, and recently signed his intent letter to play soccer for Texas Lutheran University at a game against Vicenza High School, April 23, 2022.

"I have been playing soccer since before I can remember," said Reardon. "I have always wanted to play soccer at the college level and have grown up watching and admiring those who have signed for their schools on National Signing Day."

Reardon lived in Vicenza for 10 years prior to moving to Sigonella, so by signing his intent letter at the Sigonella vs. Vicenza game, he was able to celebrate with friends old and new.

After learning about Texas Lutheran University at a college soccer identification camp last summer, Reardon made his decision based on more than just athletics.

"Throughout the year, as I was talking with coaches and looking at schools, Texas Lutheran was the stand out university with everything I wanted," he said. "The coach took an interest in me as a person rather than just a soccer player."

During his time in Sigonella, Reardon played volleyball and basketball and also served as president of the student council. As for his future plans, Reardon is aiming to follow in the footsteps of his parents, both of whom went to college with Reserve Officers' Training Corps (ROTC) scholarships and served in the Army. His mother, Misty, has been a Department of Defense Educational Activity (DoDEA) teacher for the past 16 years.

"During school I plan on pursuing kinesiology and education," said Reardon. "Since I was awarded a three year Army ROTC scholarship, I will also be taking part in the ROTC program. After college, I will join the Army and eventually find my way into the DoDEA system as a teacher."



Photo by Ashley Martin

THE SIGNATURE

U.S. NAVAL AIR STATION
SIGONELLA

Commanding Officer
Capt. Aaron Shoemaker

Executive Officer
Cmdr. Ronald Cappellini

Command Master Chief
CMDCM Anna Wood

EDITORIAL

Public Affairs Officer
Lt. Drake Greer
drake.greer@eu.navy.mil

Assistant Public Affairs Officer
Megan Mills
megan.mills@eu.navy.mil

Public Affairs Leading Petty Officer
MC1 Kegan Kay
kegan.kay@eu.navy.mil

Community Relations Officer
Dott. Alberto Lunetta
alberto.lunetta.it@eu.navy.mil

PAO Staff Writers \ Photographers

MC2 Joshua Coté
joshua.m.cote@eu.navy.mil

MC3 Triniti Lersch
triniti.lersch@eu.navy.mil

CONTACT US

Naval Air Station Sigonella, Sicily
thesig@eu.navy.mil
DSN 624-5440; 095-86-5440
PSC 812 Box 7, FPO, AE 09627-0001

Cover photo by MC2 Josh Coté

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Editorial submissions are welcomed from all Naval Air Station Sigonella departments, divisions and tenant commands. **Editorial submissions** should be sent to the Public Affairs Office via thesig@eu.navy.mil. All articles submitted by non-staff members will be considered contributing writers.



In the Spotlight

Name: UTCN Timothy Heldreth
Command: NAVFAC
Department: Public Works

By MC2 Josh Cote, *NAS Sigonella Public Affairs*

The challenges and tragedies of the COVID-19 pandemic led many people to pivot in their lives. Amidst the adversity, Utilitiesman Constructionman Timothy Heldreth found an opportunity he hadn't anticipated.

"I joined the Navy during COVID," said Heldreth, who hails from Mount Morris, Pa. "I had lost a few jobs, and I have a family that I need to support."

Heldreth will have officially been in the Navy for two years this July, and he stands out to his leadership at Naval Air Station Sigonella for both his knowledge and his attitude.

"In the Seabee community you don't always get that person with prior construction experience, but we got that with Heldreth, and his skill has contributed to a lot of the department's success," said Utilitiesman Constructionman 1st Class Thomas Hines, Utilities and Energy Management leading petty officer. "But that is not what really sets him apart from his peers. One of his greatest attributes is his contagious positivity. As a junior Seabee, he has really honed the 'Can Do' spirit."

Throughout the Navy, only two installations have military members working on water distribution teams, and one of those installations is NAS Sigonella. As a result, UTs get a lot of hands on work doing what they were trained to do.

"My daily work routine here is very spontaneous," said Heldreth. "We have all of our basic preventive maintenance, but most of the time we are in a hole fixing a leak."

Luckily, that spontaneity is a bonus for Heldreth, who thrives on learning new things about his job.

"Having a set schedule is nice, but getting that call, I get to go out and see something that I may have never experienced before," he said. "Every leak is a little bit different. They are never the same, so that's why I really

enjoy it."

The older a base gets, the more preventive maintenance will be required to keep it up and running at optimal performance.

"Sigonella has been around a long time," said Heldreth. "Some of the water lines have been here for a while; architectural history is a good way to describe it. Unfortunately, stuff does expire, and luckily for me it is expiring while I am here so I get a lot of on the job experience."

Heldreth also holds multiple collateral duties on top of doing his regular job. He was the treasurer for the Seabee Ball, and he is also the Assistant Command Fitness Leader, the alternate for HAZMAT, alternate time keeper, and alternate building manager. As a time keeper, Heldreth tracked over 69,000 hours of preventative maintenance for all of UEM on NAS Sigonella.

"Heldreth is a fire and forget type of sailor," said. "He takes on tasking and sees it through to completion with no follow up needed, and he always produces quality results. Whether he was leading a construction crew during Operations Allies Refuge, pumping down the flood water in Marinai, or working tirelessly during a water main leak repair, you can guarantee he was there giving 110% and doing so with a smile."

In the future, Heldreth plans on pursuing a civil engineering degree relating to water technologies because it always a good thing to have a backup plan.

"If for some reason the Navy doesn't work out for me, I would love to be able to still do what I am doing now," said Heldreth. "This is my bread and butter; this is what I enjoy doing. I really never do work a day in my life because I really love working this job."

ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH

“AMERICA’S GREATEST ASSET IS NOT OUR ASSEMBLY LINES OR WEAPONS SYSTEMS, OR EVEN OUR GREAT SHIPS, SUBMARINES, AND AIRPLANES... IT’S OUR PEOPLE.” - ADMIRAL HARRY B. HARRIS JR.

Advancing Leaders Through Collaboration

By Lt. Cmdr. Nhu Do, *USNMRTC Sigonella*

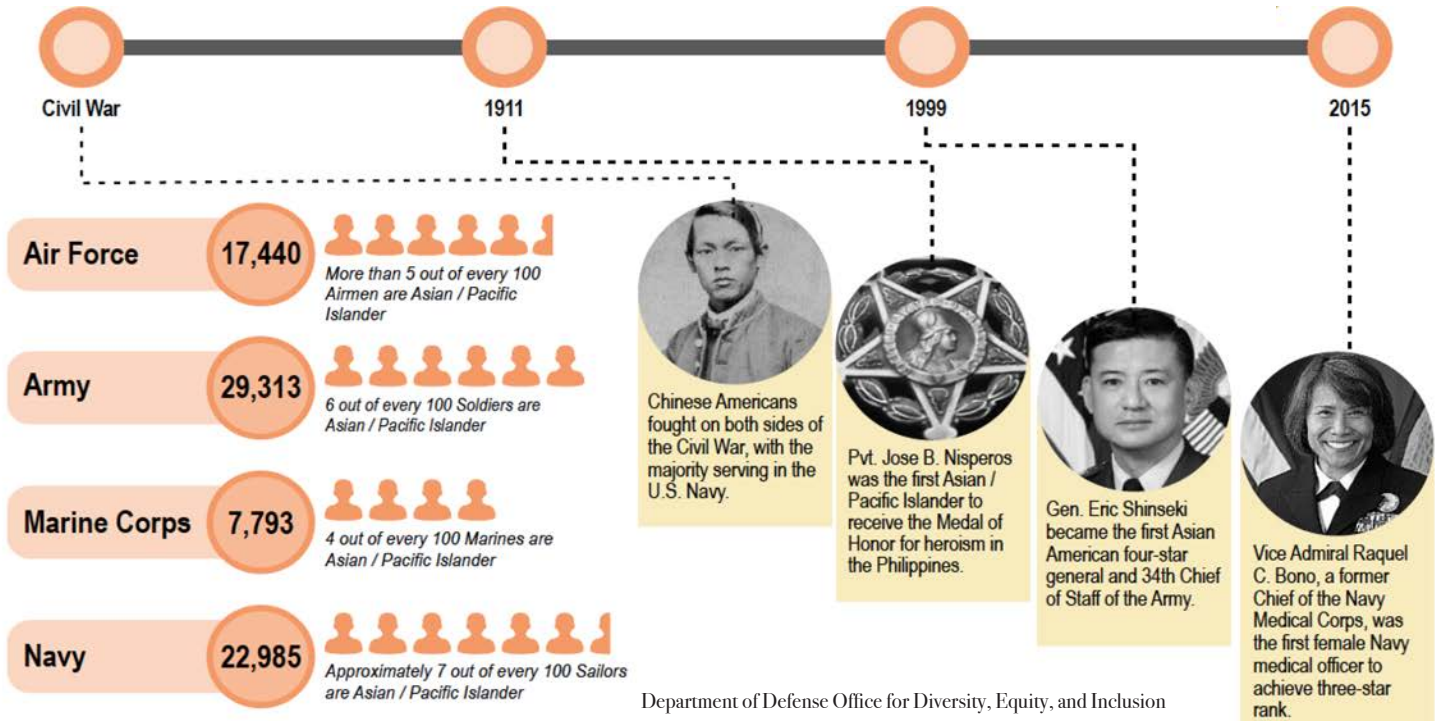
I remember his smile and his salute so clearly. I was driving onto Naval Medical Center San Diego and was stopped at the front gate for the usual ID check. The sailor rendered his salute, smiled at me, and, in his best Vietnamese accent, said, “Chao Co!” In Vietnamese, this means “hello, ma’am!” I was shocked because I did not expect such an awesome greeting in my native tongue. I politely nodded to acknowledge his salute and smiled back saying, “Chao buoi sang” (good morning).

This small moment in time is significant to me because it highlights the many faces of Asian Americans and Pacific Islanders who have served and are currently serving in the United States Armed Forces.

Each year, the Department of Defense

celebrates Asian American Pacific Islander Heritage Month in May. The month of May was chosen because it commemorates two milestones in Asian/Pacific American history. One milestone is the first known Japanese immigrant’s arrival to the U.S. on May 7, 1843. Secondly, the transcontinental railroad was completed on May 10, 1869, the construction of which involved over 20,000 Chinese workers.

The theme for this year’s observance is “Advancing Leaders Through Collaboration.” Collectively, we are stronger as a team. More importantly, we are stronger as a diverse team. I am proud to wear this uniform and serve as part of this diverse team! Happy Asian American Pacific Islander Heritage Month to all!





NAGSF Hosts International Day

By Megan Mills, *NAS Sigonella Public Affairs*; Photos by MC2 Josh Cote

What do Norwegian cheese, Ferraris, flamenco dancing, and Sonic the Hedgehog have in common? All were present at the International Day hosted by NATO Alliance Ground Surveillance Force (NAGSF) in their hangar on May 7.

This event, the first held for NAGSF service members and families since the beginning of the COVID-19 pandemic, featured booths from 18 of the countries represented here in Sigonella. In addition to the wide variety of cuisine to sample, there were also several red Ferraris on display, music for dancing, and multiple superheroes and characters mingling in the crowds. Many children had flags painted on their faces, and, as a special treat, several members of the community performed a flamenco dance.

“The NATO Alliance Ground Surveillance Force was proud to highlight the diverse cultures that come together here in Sicily,” said Brig. Gen. Houston Cantwell, commanding general of NAGSF. “The dancing, food and drink represent just a small part of the rich cultures of our 24 nations. Our hope is to continue to grow this event to share with the wider NASSIG community in years to come!”

Each booth was laden with many examples of the country’s food and drink specialties. Visitors could taste cloudberry jam from Norway, baklava from Turkey, sarmale (dumplings) from Romania, tiramisu from Italy, goulash from Hungary, crepes from France, gibanica from Croatia, peanut butter and jelly from the United States, and much more.

Marte Braarud of Norway brought her daughter Olivia in traditional Norwegian dress called “bunad.”

“I’m loving it!” Braarud said. “I love to taste a bit of the world.”

Tech. Sgt. Chelsea Baione took the lead on planning the event, which has been in the works since October 2021.

“The amount of planning for this event was tremendous to say the least,” said Baione. “We coordinated with various companies to provide goods,

services, and rentals. We had to schedule deliveries and coordinate with our internal branches to provide cleanup for our hangar and vehicles for escorting companies onto base as well as to setup the event area. We also had to coordinate with the stands to understand what equipment they would be using, how much electricity they would need, what food or drinks they would provide, and what other support they needed for their stands.”

Of course, Baione didn’t do it all alone.

“In my immediate working group, which was the main organizational body, I had my Deputy Recreation Officer, a Health and Safety Officer, a Contracting Officer, and a Legal Assistance Advisor,” Baione said. “This main group sifted through all of the logistical, monetary, and organizational challenges and issues from this event. I also had 18 national POC’s for the 15 stands that participated in the event, some of our smaller national partners shared stands with one another. We also had all of our volunteers who participated in the event as well as those who prepared food and drinks for our national stands. Overall, it was a massive team effort!”

According to Baione, over 400 members and their families attended the event, which was considered a great success.

“It’s phenomenal,” said Staff Sgt. David Beardsley, who attended with his wife Kristina and their son Dawson. “It’s been a long time coming!”

Kristina agreed. “I didn’t realize how many NATO countries we had represented here,” she said.

Dawson, two and half years old, enjoyed the Ferraris in particular, adding, “I like it!”

Although this was the first event of its kind for NAGSF, if all goes well, it won’t be the last.

“People connect through food and gathering together,” commented Baione. “This team is so diverse with all of our national partners, and it’s nice to slow down and bond with one another outside of work.”





Italian News

Ancient Greek Drama Festival Returns to Siracusa

By Dr. Alberto Lunetta, *NAS Sigonella Public Affairs*

American writer and philosopher Ralph Waldo Emerson wrote, “The beautiful fables of the Greeks, being proper creations of the imagination and not of the fancy, are universal verities.” These timeless dramas, which consist of a brilliant mixture of ancient myths, complicated tragic stories, religious rituals, and lyric poetry, are still relevant in our modern times.

Now, imagine sitting down in a beautiful open-air Greek theater and enjoying the passion and drama of a Greek tragedy. This summer, you can do just that!

This summer, the Greek theater of Siracusa will host a new season of the world-renowned Ancient Greek Drama Festival (Festival del Teatro Greco di Siracusa) featuring 45 performances. The festival, organized by the Siracusa-based INDA Foundation, celebrates its 57th anniversary this year. A top-quality cultural event boasting a tradition that started in 1914, the festival attracts thousands of spectators from all over the world.

The festival kicked off on Tuesday and will run through Tuesday, July 26. Held at the breathtaking Siracusa Greek Theater, which dates back to the 5th century B.C., it will feature the following works by ancient Greek playwrights: “Agamemnon” by Aeschylus (458 B.C.), “Oedipus the King” by Sophocles (415 B.C.), and “Iphigenia in Tauris” by Euripides (written between 414 B.C. and 412 B.C.).

Italy’s Minister of Culture Dario Franceschini said during the festival’s press conference that he is working on the idea of organizing similar festivals to be held in stone theaters in Pompeii and other places in order to highlight the excellence of the great dramas that are annually represented in Siracusa.

Tragedy is one of the three genres of Ancient Greek dramas. The word tragedy comes from the term *tragedia* or “goat-song,” named for the goatskins the chorus wore during the performance. It refers primarily to a play in which a central character (usually a king, queen or hero) suffers some serious ill-fated situation, seems to be deprived of all outward help, and is forced to rely on himself. The character also deals with external forces that appear to rule his life. Eventually, tragedies express the vulnerability of human beings whose suffering is caused



The breathtaking stage of the Siracusa Greek Theater will host the 57th edition of the Ancient Greek Drama Festival running through July 26th and beginning with two timeless tragedies, “Agamemnon” by Aeschylus (458 B.C.) and “Oedipus the King” by Sophocles (415 B.C.). (Photo by INDA Press Office)

by a combination of human and divine actions.

The Siracusa Greek Theatre, the largest theatre in the ancient world, was built by Hiero I around 470 B.C. With a capacity of 15,000 spectators and a diameter of almost 140 meters, it was the largest theatre in the ancient world. Famous plays such as “The Persians” and “The Women of Etna” by Aeschylus were premiered here. In addition to the tragedies of Sophocles and Euripides, the theatre also witnessed the birth of comedy: the Sicilian playwright Epicharmos, from the nearby Megara Hyblea, is considered to be one of the first comic writers.

Around 220 B.C., Hiero II expanded the theatre to its current size. The 61 rows of seats offered space for 15,000 spectators, making it the largest theatre of the entire ancient world. Later, the Romans reduced the rows of seats to 46 in order to create a larger stage area for bloody gladiatorial games. While the seats and the auditorium remain largely untouched, we can only guess as to how the stage and scenes were constructed on the basis of their foundations.

Above the theatre there is an artificial grotto, the Nymphaeum. It was dedicated to the Muses, and fresh spring water still flows from its holes through the ancient canals. On the left side of the Nymphaeum there is a small street of tombs dating from the Byzantine period.

For more information and performances’ schedules and tickets, visit <https://www.indafondazione.org/en/season-2022/>



CELEBRATING THE 60TH NATIONAL PUBLIC WORKS WEEK

Courtesy of NAS Sigonella Public Works Department

This year marks the 60th National Public Works Week, which is held from May 15 - 21. This week recognizes the people responsible for the planning, building, and management of local communities, and the Public Works Department on NAS Sigonella truly represents this year's theme: "Ready & Resilient." PWD Sigonella has a vastly diverse workforce dedicated to improving and maintaining the Naval Air Station Sigonella installations, which includes local national employees, American civilian employees, local contractors, and Navy Seabees. As a whole, PWD Sigonella faces constant unexpected challenges, from flood events to supporting operationally demanding tasks such as Operation Allies Refuge. In the midst of adversity, PWD works tirelessly around the clock to ensure the quality of life of personnel attached to NAS Sigonella.



The Importance of Self Care

By Dr. Matthew Picerno, Clinical and Child Psychologist, USNMRTC Sigonella; graphic by MyNavyHR

I'm hoping everyone is having a wonderful month so far – it's an honor to have an opportunity to share for the purpose of Mental Health Awareness! I wanted to delve into an issue that has deep resonance for the majority of the community, one stemming from a two-year crisis that first struck at our physical health, but also impacts our emotional well-being.

Many people are familiar with what is often called the “fight or flight response,” that deeply-rooted, hardwired reaction to intense fear or terror, characterized by either immediately tensing up to defend against a threat, or preparing to launch into a burst of speed to escape the danger as fast as possible. Some also add a third category to this pair of responses, referred to as “freeze:” this basically involves shutting down entirely in the face of danger, often from a sense of complete helplessness and inability to change the situation to any meaningful degree.

One element common to each of these varied responses is that they provide a way (for better or worse) to deal with some sort of real or perceived threat to our health, safety, or survival. These responses are thought to have served a very helpful purpose in ancient times by protecting us

from many of the dangers that we no longer have to deal with in a modern, civilized society: think, for example, about the predators in nature that represented an all-too-real threat to our ancestors. These fight, flight, and freeze responses are also associated with very intense changes in our bodies, stemming from shifts in body chemistry that accompany a surge of hormones.

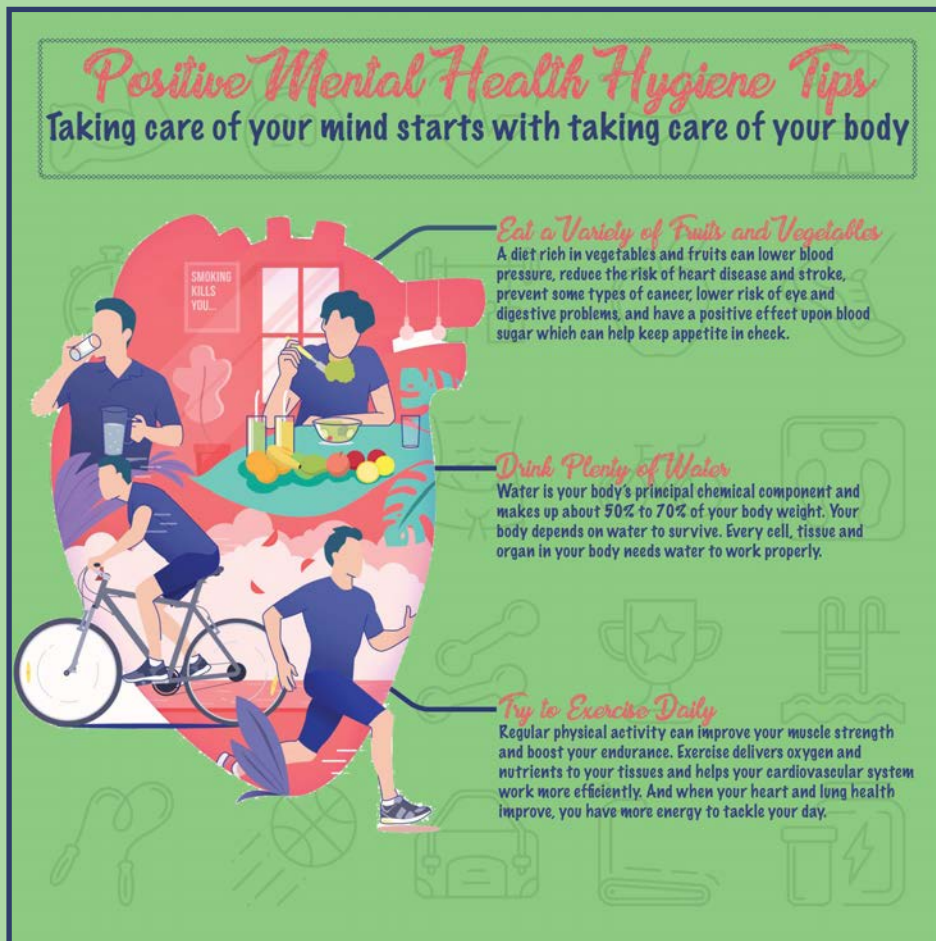
Many of the threats that we deal with today elicit a similar reaction in us, bringing to mind some of those very same bodily responses as well: clenched fists, rapid heartbeat, sweating palms, quickened breathing, and flushed face just to name a few. All of these served some protective or beneficial function for a person facing immediate danger.

However, we are only designed to deal with the intense circumstances triggering the adrenaline burst for very short, isolated periods of time – just until the threat passed, we were able to ward it off, or (alternatively) get ourselves to safety. We are not built to remain locked in that type of strained state for an extended, prolonged period of time.

The COVID-19 pandemic unfortunately required us to do just that. Rather than dealing with a relatively time-limited threat to our community, society, and the world as a whole – after which we could conceivably “shift” back to a relatively normal existence – we instead remained stuck in a limbo state. Family and educational routines were disrupted, careers were placed in jeopardy, relationships were strained, businesses were lost, and too many lives were taken from us. Even the most basic elements of daily life were completely upended as we dealt with extended quarantines and restrictions on leaving the house unless going to work, the grocery store, or to a doctor's appointment – absolutely necessary protections for public health, to be sure, but ones that can nevertheless bring their own set of emotional challenges.

While some of those realities almost seem a bad memory at this point (maybe a nightmare?), their effects remain. For example, parents took on the role of teacher, traded off duty times with spouses in dual-working families, and experienced a sharp disconnect from the social events and connections that keep us going on a day-to-day basis.

Although it was an incredibly difficulty time for so many, the full, long-term damage from the global pandemic on our



"Care" cont'd on Page 11

"Care" cont'd from Page 10

psychological reserves is only starting to come into focus. The emotional stress has many feeling like they're at a breaking point. Even children and adults who have seemed able to "hold it together" are just now starting to experience the signs of long-term wear that accompanies catastrophic events. These responses often show up in what seem unrelated circumstances, like feeling disconnected from those with whom we used to be close, lashing out at friends for seemingly no real reason, falling apart at the prospect of another school project or presentation, and intense relationship strain between family members and spouses.

We may now be starting to turn a page in terms of infection prevalence rates, which suggests that we've come to somewhat of a safer place than before. What often follows in similar situations is the unrealistic expectation that we should be OK that point – almost as though there shouldn't be any excuse for struggling, since that one aspect of the danger has lessened. Although some of the more immediate physical threat may have passed, the sense of trauma from this constant state of disruption and unpredictability is still very much present, and will understandably continue to take a psychological toll further into the future.

Because of this reality, the importance of maintaining self-care simply can't be overstated. Finding any way to reconnect with others, to re-engage in life, to travel, exercise, play games, do puzzles, tap into creative interests, and explore other enjoyable interactive activities will have a major healing effect on that prolonged emotional strain.

Now more than ever, it's absolutely essential that we also stay attuned to each other, to be on the alert for any signs of needing help from our friends, co-workers, children, and loved ones when they occur, and to encourage and guide them towards that help whenever we can.

Things to be on the lookout for include signs of emotional fatigue, sleep disruption, depressed mood, new fears and worries (especially in response to things that didn't seem problematic in the past), noticeable changes in patterns or habits, and declining to engage in activities that used to be considered fun.

Counseling support is readily available in schools (including from the School Psychologist, School Counselor, and MFLC services), medical facilities (e.g., Behavioral Health Clinic; Imbedded Behavioral Health Clinician support), from community organizations (Fleet and Family Support Center counseling services) and even through online resources, using new TeleHealth modalities of service that became so much more accessible throughout the pandemic – MilitaryOneSource, for example, is a great resource for military families with so many aspects of life, including 24/7/365 online (<https://www.militaryonesource.mil/confidential-help/non-medical-counseling>) or phone (+1 (800) 342 9647) counseling. In addition, Chaplain support is well-embedded and accessible in nearly every military community, offering a range of counseling approaches that best fit your comfort level, including the option to not have a religious aspect incorporated.

These last couple of years have understandably heightened and exacerbated underlying emotional difficulties that many (children, teens, and adults) could have been able to reasonably manage if it weren't for the intensified stressors of this long scale trauma. As we consider the significance of this month in particular, it's so critical that we maintain awareness of the need for emotional support all around us – the workplace, the home, the neighborhood, and with ourselves – especially in the context of the global pandemic.

"Italian News" cont'd from Page 8**Plots (By Indafondazione.org Press Office)****"Agamemnon" by Aeschylus**

The tragedy opens the "Oresteia" trilogy. In the palace of Argos, a system of fires warns that Troy has fallen. The return of Agamemnon is anxiously awaited, preceded by a herald who narrates the toils of war and the exhausting return. Clytemnestra has been long preparing the murder of her husband, who had sacrificed her eldest daughter. Agamemnon enters the scene with his concubine Cassandra, who prophesies the imminent regicide without being believed. She is slaughtered together with the king by Clytemnestra, who seizes power alongside her lover Aegisthus.

"Oedipus the King" by Sophocles

Oedipus, the stranger who defeated the Sphinx ten years earlier, reigns in Thebes as husband of Jocasta and father of 4 children. Led by a priest, his subjects ask him for help against the plague devastating the city. Oedipus initially

seeks the cause indicated by the oracle, the murderer of the previous king, Laius; then he starts searching for his own identity, which a messenger reveals to be different from the one he believed. A cross investigation eventually leads to the truth. Oedipus is the son of Laius, he has unknowingly killed his father, married his mother and generated 4 son-brothers.

"Iphigenia in Tauris" by Euripides

Agamemnon's first daughter, Iphigenia, believed dead, lives in remote Tauris. The goddess Artemis had saved her, replacing her with a doe and taking her away from Aulis, just as her father was about to sacrifice her. Iphigenia narrates this in the prologue, describing her painful condition as a priestess of Artemis, a foreigner in a foreign country, forced to make human sacrifices. Her brother Orestes, fleeing from the Erinyes, arrives in Tauris with Pylades and escapes the sacrifice because he recognizes his sister. The three mock the local king, Thoas, and flee across the sea.



**SIGONELLA'S
SAILOR 360**

**2ND
ANNUAL**

MEMORIAL DAY TORCH RUN

**THURSDAY, MAY 26
10 A.M. - 4 P.M.
ON MARINAI
STARTING AT UMBERTO'S**

RUNNING VOLUNTEERS ARE NEEDED TO KEEP THE TORCH MOVING FROM 10 A.M. TO 4 P.M. WITHOUT STOPPING. SERVICE MEMBERS AND DEPENDENTS CAN SIGN UP TO RUN FOR DIFFERENT TIMES. DIFFERENT ORGANIZATIONS WILL HAVE BOOTHS SET UP AND WILL HAVE HOT DOGS, SNACKS AND DRINKS AVAILABLE.



**TO RUN OR VOLUNTEER PLEASE SIGN UP AT
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